

Dementia in Poole

Councillor Jane Newell
Dementia Champion

Merley and Bearwood Ward
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PDAG Poole Dementia Action Group

- Chair – aim to support and enable Poole to become more dementia friendly
- Membership of charities, council officer, Poole Housing Partnership, Public Health, Poole Hospital, Prama, care homes, Poole Well Being Collaborative
- Dementia Awareness Week Event at Spire Church, Poole High Street
- Link with DF communities – Corfe Mullen , Creekmoor,
- Dorset Dementia Action Partnership

So you think you know about dementia?

- Memory – the bookcase
- Change of personality
- Food, drink, taste
- Money
- Balance – falls
- Colour
- Fiddling, picking
- Talk slowly and clearly, give people time to think

Support Groups and Activities

- Arts4Dementia – newly launched, website to locate activities in UK
- Drama and dance at Bournemouth Pavilion
- Poole Lighthouse – relaxed screening and short concerts, tea dances
- BSO – Dementia Friendly Award and innovative work
- BUDI orchestra
- Stepping Into Nature – walks, woodcraft, felting
- Gardening clubs – Kingston Maurward

More activities

- PHP – arts projects, Men's Sheds, Sporting Memories, technology club
- BUDI orchestra
- Memory Cafes and Memory Lane
- Churches have trained and dedicated workers
- Singing for the Brain
- Library

Poole Council

- Lifeline Service including Raizer Chair, falls button,
- Finding care homes even if funding privately
- Money management service
- ASSIST – an early help desk to get you in touch with the right people to help
- Many activities run with support of council
- Assisted technology – tracker, just checking sensors
- POOLE COUNCILLOR PACK

Carers

- CRISP – Carers Resource Information Support Information Service checklist of entitlement, discount card ,support sessions
- Oakley Friends and Bournemouth courses
- Carers groups e.g. Canford Heath surgery, Broadstone
- Carers UK
- Poole Carers champion Councillor Drew Mellor
- Hospital Carers Passport new scheme
- Discount or free hospital parking for ‘active’ carers visits to help with feeding etc.

Helping people live well with dementia and their loved ones

- Businesses – dementia friendly environment, are you a carer friendly employer?
- Memories – share and talk, smile
- Keep up to date
- Bournemouth University Ageing and Dementia Research Centre
- Facebook pages likes e.g. Alzheimer's Society
- Be a good neighbour
- National Dementia Awareness Week in May
- Become a Dementia friend

Thank you – I'm still me.

Terry x

13/8/1932 – 21/5/2015

